

# Concerned and Rejoicing

Philippians 4:4-9 – Adam Bowers

## ***DISCUSSION QUESTIONS***

- 1) Why is worry such a challenging struggle for many of us?
- 2) What have you found to be effective ways to deal with your worries?
- 3) How do you know you can trust God even when you are worried about something?
- 4) What are some of the things you can thank God for that can turn your thoughts away from worries?
- 5) Why does God sometimes not take away our reasons for worrying?
- 6) What was your biggest takeaway from this week's message and how do you plan to respond to it?