Pathway to Spiritual Growth

Intentional Relational Discipleship



How Do You Run a Discovery Bible Study Group?

- A. Meal and catch up time (Please NOTE: Meals can become very complex. We would suggest a simple plan. For example: hot dogs and chips, cereal and juice, soup and bread, etc. By doing this, it keeps the focus on God's Word and sharing not on preparation of the meal.) *Realize that the facilitator needs to take charge otherwise the meal time will be about chitchat and not get to the questions below. Maybe mention to the group that we have set aside this much time for our group and we want to hear from everyone.*
 - 1. How are you doing?
 - 2. What good things are happening/are you thankful for?
 - 3. What are your challenges/stressors?

4. What gospel initiative did you take this week? (Examples: did a DBS with another person, told my spiritual story to someone, shared gospel somehow, put out some feelers to someone to see if they had spiritual interests, prayed for someone in their presence without knowing their spiritual condition)

- B. Vision:
 - 1. Reminder about why we're meeting—as part of our mission to make, to mature and to multiply fully committed followers of Jesus Christ by equipping each other to move from being spiritual children (learners) to spiritual parents and to do the same for others.
 - 2. Explain why we're covering today's lesson—the particular spiritual dynamic we're covering and the group action/outcome.
- C. Passage: (use either the Quadrant 0 simpler form or the Quadrant 2 and following blank Bible study form based on the maturity of the people studying. Quadrant 2 drops writing the scripture out and in your own words and adds observation and interpretation columns)
 - 1. Observe: it is often hard to keep this as observation as people tend to move into explaining what the passage means as opposed to observations as to what they see in the passage. As lead facilitator, keep a separation between observations and interpretations.
 - 2. Interpret- What does it mean?
- D. Break down to men/women in separate areas for privacy:
 - 1. Apply/I will (leader for next time writes down the "I will" statements)
 - 2. Look back: What did you do with the last "I will statement" and person you were going to tell about it?
 - 3. Ask the question: Who will I tell about this "I Will"? (Note for follow up next week— "Were you able to tell....?"
 - 4. Any other prayer items.
- E. Next lesson:
 - 1. Who will lead?
 - 2. When will we meet?
 - 3. Remind them to keep the menu simple.
 - 4. Next leader summarizes the "I will" statements and who you will tell from this week.

- F. Time Considerations: There are basically 3 sections of each evening. One group reported that 45 minutes for the meal, 30 for the study, and 45 for the men/women breakouts worked for them. If you include a training segment, cut down to 30 minutes each.
- G. After Quadrant 0, make sure everyone in the group has an accountability partner to check in with during the week. As lead facilitator be looking for the FAT people in your group. These are the people that will need to be challenged to begin to disciple others and the ones you might want to meet with.
- H. Context: In quadrants 1-4, it will be helpful to offer some context to the passage that will be studied. This can be accomplished by asking the person/group to read the chapter prior to and right after the passage being studied as well as the whole chapter that the segment comes from. This will need to be mentioned the week before the passage is assigned.

Small Group Covenant

Love one Another – Care Intentionally

John 13:34, I Peter 4:8, Ephesians 4:15 Be earnest in my love at all times Always speak the truth in love Listen to understand, don't assume or accuse Pray for one another with compassion

Forgive One Another – Pursue Unity

Ephesians 4:1-32, 1 Corinthians 1:10; Matthew 18:15-20 Be quick to forgive and ask forgiveness Let personal offenses roll off my back or to God in prayer Model unity by resolving conflict quickly Get the whole story, including both sides in personal conflict.

Serve One Another – Minister Actively

Galatians 5:13, Exodus 17:11-12, Proverbs 19:20; 1 Corinthians 12:21-26 Be intentional in blessing others Stay teachable and show deference Be flexible to meet situational needs Maximize my strengths and recognize my constraints Be committed to the whole, not just the part

Submit to One Another – Esteem Others Highly

Ephesians 5:21, 1 Peter 5:5, Philippians 2:3-4, Matthew 7:3-5 Be the first to lead in humility and honor Serve others' interests before my own Check my motives and expectations before speaking Know my limits and respect the boundaries of others

Encourage One Another – Cultivate Redemptive Relationships

1 Thessalonians 5:1, Romans 1:12, Ephesians 4:29 Be a safe person to get real with Seek to build up always and never tear down Complement other's character when I think it twice Value the person more than their performance Point to Christ for hope and help

Be Devoted to One Another – Commit Wholeheartedly

Romans 12:5-10, Proverbs 17:17, Proverbs 13:3 Be there in the hard times Seek reconciliation between others Guard my relationships with truth and love Go gently if correction is needed

I will avoid speaking or listening to unhealthy criticism of others and solve conflict biblically. I will be discrete in my communication, correct slander and gossip immediately, and speak directly with those involved. I am committed to living out the values outlined above and will model Christ-like character and build up the church for Christ's glory.

______Signature

__ Date

Discovery Bible Study

Pathway 5 - Release to Reproduce

| Week | Торіс | Passage | Training segment |
|------|------------------------------------|---|--|
| 1 | Live the Gospel Daily | Acts 20:17-24 (28) Paul's challenge to Ephesian elders | <i>The Gospel, the Church & the World,</i> Tim Keller podcast 11/5/15 |
| 2 | Understand the Church | Acts 6:1-7; the choosing of the deacons | Watchman Nee, <i>Spiritual</i> <i>Authority</i> , ch. 1 & 4; |
| 3 | Deepening our Spiritual Habits | Acts 20:28-32, Paul exhorts the Ephesian leaders | Interrupting Heaven: The Practice of Prayer: The Life You've Always Wanted by Ortberg |
| 4 | Lifelong Learners | Acts 28:23-28 the Jews grew hard | Try new things (a new radio station, a new route to work, etc.) |
| 5 | Grow in Wisdom | Acts 7:23-32 Moses | Discernment and understanding of events |
| 6 | Stewarding our Gifts and Resources | 2 Cor. 9:6-11 God's provision in all areas | Discover the Rhythms of the Daily Office and Sabbath in <i>Emotionally</i> <i>Healthy Spirituality</i> - Scazzero |
| 7 | Honoring God with our Occupation | Acts 16:13-15 and 18:1-4, 18-19 Lydia and Priscilla & Acquila | Love Your God With All Your Mind-Moreland); Oz Guinness The Call ch 6 (resources, not required) |
| 8 | Love People; Healthy Singleness | Acts 9:36-42 Dorcas | Becoming a Great Leader; Singleness & Marriage from The Meaning of Marriage by Tim Keller |
| 9 | Build a Strong Marriage & Family | Acts 16:1-3; 2 Timothy 1:5 | Love and Respect book/video; Loving the Stranger from <i>The</i> <i>Meaning of Marriage</i> by Tim Keller |
| 10 | Pursue Peace | Acts 15:36-41; 2 Timothy 4:11 | Three Ways to Improve your Conflict Resolution Skills pt. 2 by Chip Ingram on You tube |
| 11 | Empower Others | Acts 11:19-26 | Teach about mentoring, discipling and/or coaching (<i>T<u>he Coach</u> <u>Model</u> by Webb); Good to Great from <i>Empower</i> <i>Great People</i>, Ch. 9 by Chip Ingram</i> |

| 12 | Lead out of Brokenness and Vulnerability | Acts 9:7-16 Saul's | Podcast: Brene Brown, |
|----|--|---------------------------|-----------------------------|
| | | conversion | TED Talk, The Power of |
| | | | Vulnerability June 2010 |
| 13 | How to Lead a Devotion | Acts 8:30-35 Philip with | Hook, Book, Look, Took |
| | | the Ethopian eunuch | (grab their interest, bring |
| | | (point to Jesus!) | in truth, look deeper at |
| | | | the truth and then make |
| | | | application |
| 14 | How to Prepare a Lesson | Acts 7:1-3; 39, 48, 51-53 | The Pyramid: Down the |
| | | Stephen's message to | Other Side, Ch. 5 from |
| | | Sanhedrin | How to Apply the Bible |
| 15 | Engage in God's Mission | Acts 1:1-8 | Take a Perspectives in the |
| | | | World Christian |
| | | | Movement class |
| 16 | Finish Well | 2 Timothy 4:1-8 Paul's | What is your life |
| | | final words | message? What do you |
| | | | want written on your |
| | | | tombstone? |

Salvation Prayer List

| Date | Name | Statement about the person | Action taken |
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| Content : What do you see in the passage? | Analysis: What do the verses mean? | Reflection: How can I apply these verses? |
|--|------------------------------------|---|
| (observations) | (interpretation) | (application) |
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| | | Action: What will I obey this week? |
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Three Column Study

I will through the help of God...

Have everyone share an "I will statement"

| Name | I will through the help of God | |
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