



A Theology of Enjoyment

Adam Bowers | 1/23/22 | 1 Timothy 6:17-21

1. What do you think about the idea that God wants you to enjoy life? Have you ever felt the opposite was true?
2. Why do some people think of the Bible mostly as a collection of restrictive rules? What is your perception of the Bible?
3. Nehemiah told God's people to celebrate and feast. Solomon recommended having fun and enjoying life, health, and wealth as a gift from God. Are there any stresses or challenges in your life that make it hard to do this?
4. Adam shared how many of us are much richer than we realize. How should this change our perspective on the money and resources we have?
5. Paul gave Timothy four principles for people with extra resources to practice:
 - a. Do good with your money
 - b. Don't just give, serve in other ways too
 - c. Be generous to other people who have less
 - d. Develop a heart and an attitude of generosity

Which of these do you find the hardest? Which is the easiest?

6. Write a prayer to God below about how you want to use your resources and time this year.