



How can I stop being bitter against other people?

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*Prov. 19:11, Matt. 7, Matt. 18, Col. 3:13, Prov 19:11, Matt. 6,
Heb. 12:14-15, 1 Jn 3:15, 1 Jn. 1:9, Matt 5:23-24, Col 3:13, Phil 2:3*

1. Why do we often blame others for the bitterness in our own hearts? What other options do we have?
2. When might it be better to overlook an offense? When would it be better to talk to the person who hurt us? How can we discern which is the best response?
3. Why is bitterness a sin, especially in light of what God has done for us through Christ's death on the cross?
4. Have you experienced bitterness in your life or seen it in others? What were some of the results?
5. Have you seen or experienced forgiveness following a conflict? What was that like?
6. Do you have bitterness in your heart toward anyone? What do you need to do to make it right?
7. What changes do you need to make in how you respond to conflict to keep bitterness from taking root in the future?