## **Wellness Pledge**

If I am entering a classroom I have not had any of the following symptoms, due to illness, in the last 48 hours:

- Cold/flu
- Fever
- Green or yellow runny nose
- Persistent cough
- Diarrhea
- Vomiting
- Discharge in or around the eyes (conjunctivitis/pinkeye)
- Rashes or skin eruptions
- Any contagious disease
- Lice including the presence of eggs or nits

If I have been exposed to or tested positive for Covid-19, I will consult the CDCs website for current guidelines and protocols.